

# Cougar Cheerleading Attendance Policy

## Attendance:

It is very important that cheerleaders attend all practices and games. It is difficult to learn new cheers, routines and dances with missing cheerleaders. If there is a reason a cheerleader cannot attend a practice or a game, the coach and/or cheer director must be notified in advance. Conflicts with school or other sports should be discussed with the coach so arrangements can be made and the player is not penalized. Some examples of excused absences are doctor notes, funerals, approved vacations by the coaches prior to the start of the season. **Please turn in all vacation dates, in writing to the coach, by the second week of practice.**

## **Unexcused absences:**

1 unexcused absence ----- sit out first quarter of a game

2 unexcused absences ----- sit out half of a game

3 unexcused absences ----- sit out 3 quarters of a game

\*\*Verbal warning will be given to parents and cheerleader after 3<sup>rd</sup> absence

4 unexcused absences ----- sit out 1 game

\*\*Written warning will be given to parents and cheerleader after 4<sup>th</sup> absence

5 unexcused absences ----- cannot participate in Cheerfest

## **Unexcused tardies:**

2 unexcused tardies will equal 1 unexcused absence

3 unexcused tardies will equal 2 unexcused absences

4 unexcused tardies will equal 3 unexcused absences

## Cheer Rally:

Cougar cheerleaders are not required to participate in Cheerfest that is held at the end of the season. Cheerfest is an opportunity for our cheerleaders to show the skills they have acquired and compete for medals. If a cheerleader does not wish to perform at Cheerfest, the coaches should be notified at the beginning of the season. When we start to prepare for Cheerfest, practice times will increase. All practices will become mandatory. Any cheerleader who misses practices may be removed from Cheerfest performances as they may be unable to learn what they have missed.

**Please sign and return to the cheer coaches by the first week of practice.**

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**Cheerleader Signature**

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**Date**

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**Parent Signature**

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**Date**