

Garden City Cougars Participant/Parent Contract

RULES FOR THE PARTICIPANT:

As a parent/player, I understand that:

1. All practices are mandatory. This includes practice in inclement weather.
2. If unable to attend a practice, your unit director/cheer coach must be notified before practice begins.
3. **Football:** One (1) unexcused absence from a practice will result in reduced playing time. Two (2) unexcused absences will result in the participant being barred from playing the first half of that week's game. Having three (3) or more unexcused absences in a week will result in participant being unable to participate in that week's game. Unexcused absences are defined as, but not limited to, not showing up to practice without calling your unit director. **Cheer:** See Attendance Policy
4. Inappropriate language, hitting, bullying or misconduct of any kind will not be tolerated.
5. Participants will respect teammates, officials, coaches and opposing players at all times.
6. **Football** players must arrive 2 hours prior to all games unless otherwise noted by their coach.
7. Proper game and practice attire is required. Game uniforms are not to be worn to practices.
8. **Cheer:** No jewelry is allowed to be worn during practices and games, only stud earrings are permitted. See <https://smyfa.com> for Cheerfest rules regarding competition restrictions. All cheerleaders need to be in full uniform (as determined by the coach at the practice prior to the game) or they will be asked to sit out.
9. **Football:** One (1) tardy to football practice for player will result in unit discipline per head coach. Two (2) tardies will result in the loss of playing in one (1) quarter of that week's game and 5 play rule unless excused. Three (3) tardies will result in the loss of playing in two (2) quarters of that week's game and 5 play rule for the rest of the game unless excused. **Cheer:** See Attendance Policy.
10. Coaches have the authority to remove a player/participant from a game, prior to or during, due to misconduct or unexcused absences-remember you are representing GCYAA Cougar football/cheer.
11. Injured players/participants are expected to attend practices if physically able to, so that they can continue the learning process so they will be able to fully participate when they are physically able to play.

RULES FOR PARENTS/GUARDIANS:

I understand that the GCYAA Cougars is a non-profit organization run solely by volunteers. As a parent, I will:

1. Volunteer a minimum of three (3) times during the season on game days (home/away). See Volunteer Policy
2. Report for my assigned volunteer duty on time and sign in prior at the concession stand in order to get credit.
3. **Football:** Understand that each participant's equipment/uniform deposit (\$200 tackle) is due before equipment/uniform can be picked up. Each participant's equipment/uniform deposit will be returned at the end of the season when the participants turn in their equipment/uniform. A participants deposit will not be returned if the participant does not return their equipment/uniform at the end of the season. Notification of dates for equipment/uniform returns will be provided by GCYAA commissioner near the end of the season.
4. Understand that any returned checks for any reason will incur a \$25 bank fee.
5. Complete all forms (Registration, Copy of Birth Certificate, current Physical, Concussion Info Sheet, Parent/Participant Contract, Volunteer Contract) must all be completed and turned in prior to the start of the season.
6. Drop off and pick up my player promptly for practices and games. **Cheer:** Practices will be closed to spectators after the 1st week of practice.

7. Understand that in order for my child to register as a returning veteran participant next season, he/she must end the season in good standing. (Good standing is defined as having participated through the completion of the season, paid all fees, met all volunteer requirements and returned all equipment by the due date.)
8. Conduct myself in a positive manner at all times, at the practice field and/or the game field. There will be no use of profanity or name calling. Alcohol and drugs of any kind are prohibited. There is no smoking allowed on school grounds.
9. Be a positive role model for my participant and his/her peers. I will not criticize participants, coaches or referees.
10. I will honor the 24 hour rule for issues or concerns. I will not approach the commissioner, directors or coaches for 24 hours after a game or practice. I will not approach anyone on the coaching staff after/during a game. Complaints must be put in writing to commissioners – For football: gcyaafootball@hotmail.com For cheer: gcyacheer@yahoo.com

Please see <https://smyfa.com> for further rules.

By signing below, I have read the rules and policies and agree to adhere to them.

Parent Name (print)	Parent Signature	Date

Parent Name (print)	Parent Signature	Date

Participant Name (print)	Participant Signature	Squad (i.e. JR Frehsman, Freshman, JV, Varsity)

Permission

GCYAA has my permission to use photographs of my child for advertisement which includes but is not limited to their website.

Parent Name (print)	Parent Signature	Date